

Welcome to the Hopewell Experience!

We are excited that you have chosen Camp Hopewell for your child's camp experience. This handout will help prepare you and your camper for their time here at camp. Please read all of the information carefully. If you have any questions, feel free to call or email us.

Hopewell Camp and Conference Center 24 CR 231 Oxford, MS 38655 Voice: 662-234-2254 Toll Free: 1-866-467-3935 Fax: 662-234-4150 E-mail: info@camphopewell.com

Prepare for going to Hopewell

Due to COVID 19, we have added specific protocols and restrictions for this summer. We KNOW that we can offer an incredibly wonderful camp experience for your child(ren), and we need your help doing that and keeping all of us as safe and healthy as we can.

2 weeks prior to your camper(s) arrival, we ask that you complete the Pre-Screen Worksheet, monitoring your child's health up until their registration day. Please check temperatures, monitor for Covid 19 or other illness symptoms, let us know if your child or anyone in your family gets ill, and **DO NOT SEND A SICK CHILD OR ONE THAT HAS BEEN DIRECTLY EXPOSED TO THE VIRUS TO CAMP.** If you must cancel due to illness, you will be given the option to donate or credit to 2023 any monies paid toward your camp session.

Forms to be completed prior to arrival

- 1. <u>Information for Counselors</u> This form has personal information about your camper that will benefit the counselor in getting to know your child and meeting their needs.
- 2. <u>Camper Health Forms</u> These include the up-to-date health history, immunization record and signed release for emergency treatment and participation in camp activities.
- 3. <u>Pre-Screen Form</u>- Daily monitor the health of your camper prior to camp

All forms are to be completed and returned, along with the balance of your fees no later than the Tuesday before your child's arrival at camp. We are requiring that no papers exchange hands on registration day. The Information for Counselors and Camper Health form are to be completed online and the Pre-Screen form can be uploaded to your account. Please visit <u>www.camphopewell.com/info</u> for detailed instructions on how to submit these forms.

Camper Health

For health and safety, we must have an up-to-date health history, immunization record, and a signed release for emergency treatment for every camper. If your child is of fragile health and/or under the continuing care of medical professionals for a condition requiring medications, special technology, treatment, or management...attach a health exam record from a physician with health care recommendations and instructions.

Separate all medications from other belongings so they can be turned in to the Health Care Manager at registration. <u>Do not pack medications in with a camper's luggage</u>. All prescriptions must be in their original container with clear instructions for dispensing them. The resident Health Care Manager will dispense medications according to doctor's orders. All campers will see the Health Care Manager or Camp Nurse during registration with a parent for a health screening. If your child is on medication for ADD/ADHD, please talk with a Director before taking the child off the medication while at camp.

Non-prescription drugs that may be administered in our Health Center by the Health Care Manager or the Camp Nurse include: Acetaminophen (Tylenol); Ibuprofen (Advil); Antacids (Tums, Pepto Bismal); Imodium AD; Allergy/Sinus medication (Benadryl, Sudafed, Tylenol Cold); Cough Syrup (Tussin); Antibiotic Ointments; Hydrocortisone Cream; Cleansers (Alcohol, Hydrogen Peroxide); and eye drops. If there are any restrictions for your camper, please note this on the health form. If your child develops a condition while at camp that needs the attention of a doctor, we will notify the parent or guardian. We will be monitoring camper and staff health daily for elevated temperatures as well as any other symptoms of illness. If a child or staff member is suspected of having Covid-19, they will be immediately isolated in our infirmary with a staff member, and the parent/guardian will be immediately notified. If a child or staff member is confirmed positive, all parents will be notified.

Camper Mail

Write some letters encouraging your child to have fun and inquiring about new friends and new things being learned. Tell your child how proud you are of him/her and how much you love them, while avoiding references to how much they are being missed. Pack these letters with your camper, as mail will not be collected during registration or delivered during our sessions this year by camp staff. You may FAX letters to (662-234-4150) and they will be delivered around lunchtime each day. For a fee, you may also wish to use Bunk1.com's one-way email service. You may access this service via our website (www.camphopewell.com) by clicking on "Summer Camp" and then "Bunk 1". Bunknotes and faxes must be sent prior to 10 am on the desired delivery day otherwise they will be delivered the following day. Bunknotes or faxes sent from parents after 10 am on the last full day of the camp session will not be delivered to the camper. Do not send snacks. The camp will provide all snacks.

How To Pack

Space is limited in the cabins and campers will need to keep their things well organized in a plastic tub or trunk. We are trying to prevent contact among camper and staff belongings in the cabin, so providing a container for all luggage is essential. A laundry bag will help keep up with dirty clothes. Do not send new or valuable items, such as personal sports equipment that you do not want to risk getting lost or damaged. Please know that Hopewell cannot be responsible for loss or damage to any personal items brought to camp. Also, **do not bring electronics (MP3 players, video games, cell phones, etc.).** Pocketknives or other weapons are not permitted at camp. Campers are not allowed to have pets, alcohol, drugs, or tobacco at camp. Please do not send cash with your camper. Make a store deposit for camp souvenirs, if you like. **Identify your child's things by using nametags or a laundry marker.** Involve your child in packing for camp so they will know what they are bringing. There is a Lost and Found table at the pavilion at Check Out where items will stay until noon the following day. Items found left at camp will be held for **three days.** You have until then to make arrangements to pick up lost items. Any items requested to be mailed will be done at the expense of the person making the request. Unclaimed items will be donated to charity.

To expedite the loading and unloading process, we ask that you please pack all belongings together in as few containers as possible with your camper's name clearly marked. Plastic tubs or trunks work very well!

Suggested What to Bring List (for <u>all</u> camp sessions)

Pillow	Bathing Suits (2) (<i>no string bikinis, please</i>)
Sheets, 2 twin size	Short sleeved shirts (one per day)
Blanket, Quilt or Comforter	Shorts (1 pair per day)
Towels (3-4)	Rain Coat/Jacket
Washcloth	🗌 Pajamas
Shampoo/Conditioner	Underwear (one set per day)
Body Wash or Soap	Socks, (1 pair per day, plus 1)
Toothbrush and Toothpaste	Shoes, 2 old pair, 1 being sneakers
Comb/Brush	Water shoes (no flip flops)
Deodorant	Laundry bag
Insect Repellent	Bible and (optional) Journal
Sunscreen	Writing kit (paper, pre-addressed stamped envelopes)
Other Toilet Articles as needed	Flashlight
Long Pants, 1 pair	

Medications (remember to give to Camp Nurse or Health Care Manager at registration)

Parents: Please remember **rain gear**. These items are often forgotten, and are very important for a comfortable camp experience. Also, good, **comfortable shoes** for lots of hiking and playing are a must. NEW shoes are not a good option, as they will get very dirty and are not broken into, yet.

When You Arrive

Registration will continue to be drive-thru for camp this summer, so we ask that you please be patient and follow instructions as best as possible. Know that we are doing all of this for the health of your camper, our staff, and those loved ones we are all in contact with.

Campers with last names A - L will check-in from 3-3:45. Last names M - Z will check-in from 3:45-4:30. Weebit will check-in at 1:30. If you arrive early, you will have to wait on the side of the Hopewell road until your designated time. The gate will be closed until time, and cars will be admitted in an orderly process. Only 1 person should bring a child to camp, if possible. Temperatures will be checked for all persons in the vehicle, so limiting people will help this process go swiftly. *Please note that if one person in your vehicle registers with a temperature above 100, your camper(s) will not be permitted to stay at camp.* You will remain in your vehicle throughout registration, so please prepare yourselves and your camper for this. Goodbyes will need to be said in the car. Parents/Guardians will have the opportunity to meet Directors, Health Care Personnel and Counselors, but will do so socially distant in their vehicle. No payment or paperwork will be received on registration day. This all must be complete prior to the Sunday that your camper arrives at camp.

While Your Child Is at Camp

Our staff is asked to pray for each camper each day that they are at camp. We also encourage family and church members to pray for your child each day. Also remember the staff, asking God to show His Grace through them to your child. Your child will be eating 3 very good meals a day while at camp. Snacks will be provided in the afternoon and in the evening. Please let us know of any dietary needs of your child. Campers will participate in Bible Studies in the morning and worship services in the evening, including a very special worship service on the last night of camp. If inclement weather should occur at any time during your child's stay at camp, staff will follow the safety procedures established and taught to them at Camp Hopewell. Camp staff have cell phones for communication between staff. Your child may participate in strenuous active games, indoor and outdoor activities, such as swimming, games, challenge and ropes course, archery and other such activities as scheduled. Please let us know of any restrictions that your child may have in any activities typical for camp.

Every morning prior to breakfast, campers and staff will have their temperatures checked to monitor for any signs of illness. Handwashing procedures will be strictly enforced, and hand sanitizer will be used continuously throughout the day. Campers will practice social distancing as much as possible, and will wear masks only when necessary. Cabin groups will be separated, and campers will have only socially distant contact with members of other cabin groups. Counselors will not mix between cabin groups, either. Activities will be outdoors as much as possible, and certain activities may not be permitted this summer. Worship will occur either outdoors or in our large rec hall that has large doors that open to the outside. Sections will be marked off in the dining hall, at the pavilion and in the rec hall to designate the spaces for each cabin group. Singing will only occur outside to minimize risks associated with that. Equipment will only be shared amongst a cabin group, and will be sanitized in between use. Procedures in the dining hall will help to minimize potential spread of illness. Cabin groups will stagger their eating times, and kitchen staff will serve meals wearing proper attire. There will be no sharing between cabin groups. For everything, fun will be the priority, but good health practices will be in place in all we do this summer.

Departure

On the last day of camp, Friday, we will close our session with a worship service prior to departure. **Unfortunately, parents/family members will not be able to attend.** Your child will participate in the service, sharing something they have learned during their time at camp. The service will be recorded and posted on our Facebook page for families to enjoy. Check out will again be done from the vehicle. Campers with last names A - L will check out on Friday at 4:00pm. M-Z will check out at 4:30pm. Wee-bit check out will be at 4:30 pm. Again, if you arrive prior to your designated time, you will wait on the road outside the gate until your timeslot. You will sign out your camper, receive a camp photo and any

medication that needs to be returned to you. Your camper's luggage will be loaded in the vehicle and your camper will come to your vehicle with their counselor. Again, please wear a mask and stay in your vehicle to help the process go along swiftly. If someone other than the parent who registered and brought your child to camp will pick up your child, we must have written instructions identifying the person to whom we may release **your child.** Proper ID is required to pick up all campers. All campers must be picked up by 5:00pm on the last day of camp. If an emergency arises that requires a camper to be picked up early, please notify the camp office at 662-234-2254. No visitors will be allowed at camp in order to reduce contact during the pandemic.

Late drop offs as well as early pick-ups are extremely discouraged. These serve as an interruption to your child and other children's camp experience. If you must pick up or drop off early, please contact Camp Hopewell and we will try to make arrangements; however, this is not guaranteed. If you have an emergency, please contact camp and we will work out an arrangement with you.

PLEASE DO NOT SHOW UP TO CAMP AT ANY TIME DURING THE WEEK WITHOUT CONTACTING CAMP PERSONNEL PRIOR TO YOUR ARRIVAL.

The Homecoming

God often makes the Hopewell experience a powerful growth event for campers. While the fun and crazy things are talked about most, there are deeper insights that may not be realized until sometime after camp is over. Life-long friendships and memories will continue to enrich your child. Welcome your child warmly and actively listen to all t h e camp stories. Ask questions to encourage sharing. We expect that older campers will have a heightened awareness of their Christian faith and may want to become more involved in the church. Guide and encourage your child as he/she discovers new ways to live and give expression to their growing faith. Your child may want to help with duties around the home similar to the way they did at camp. Encourage and celebrate any increased participation in family life. Campers will also make new friendships with campers and staff members during their time at camp. Please discuss with them how they may continue those relationships, either by phone, mail or social media sites such as Facebook. Hopewell maintains a Facebook and Instagram page, so feel free to connect with us or allow your child to stay connected through this site.

The Directors desire to hear from parents about their child's camp experience. You will be receiving an evaluation form shortly after the camp season. We want to keep doing what is good and to improve the program everywhere we can. If you become aware of a negative experience at camp, please let us know as soon as possible.

Frequently Asked Questions About Hopewell

How is the health of my child cared for?

A health history is required for every camper and a health screening is done after arrival at camp. All medications brought to camp are kept safely in the Health Center and dispensed by our Health Care Manager. Our Health Care Manager works under the direction of our camp nurse who visits the camp daily and our camp physician who is on call. Baptist Memorial Hospital is only 15 minutes away. Basic accident and illness insurance is carried on all campers. All adult camp staff members are certified in first aid/CPR. Parents or guardians will be called in the event of any illness or injury that requires a doctor's care.

How are staff selected and supervised?

All counselors are 18 years old or older. Most have completed one or more years of college. All have a firm Christian faith. All prospects complete a written application, are interviewed by a director, and undergo a background check. For some positions, like lifeguards, we require proof of certification and require a skills test performed at Hopewell. For other positions, such as Challenge Course Lead, we require special training and review skills on our course. All staff are required to attend two weeks of counselor's training. A director is at camp during all camp sessions. Staff is observed daily. The directors conduct formal performance reviews. Directors, Darren & Allyson Ashmore live onsite and share responsibilities for care of campers and staff.

Are scholarships available?

Many churches support the camp experience by paying some or the entire fee for their members. Hopewell has a scholarship fund to give additional support when needed.

May siblings or friends come together?

YES! Even though camp programs are separated by age and special interests, there is something for all ages almost every week. Cabin mate requests can be made with campers who are in the same camp session. We try to honor requests for a cabin mate. We ask that you only request ONE cabin mate. It may be impossible to put multiple requests all together. For our sessions this summer, please request a cabin mate that is in the same grade as your camper.

May I visit?

Experience has shown that visits during a 6-day camp can detract from the child's experience and often will trigger missing home in other campers. We ask that parents and friends do not visit during camp. If a visit is necessary, please make arrangements through the office before arriving at camp. Upon arrival, please remain in your vehicle until greeted and directed by a staff person. No visitors are allowed on camp property after 10:00pm, except in case of an emergency.

When will I be contacted in a situation pertaining to my child?

Counselors and Camp Directors are trained extensively on handling personal and medical situations with your children. However, in extreme cases of missing home, medical illness or injury, or other situations where a Director deems it necessary to contact a parent, you will be phoned by a Director. If you would like to call and check on your child, you may call the camp office during the hours of 8am-4pm at 662-234-2254 for an update. If there is an after-hours emergency, call the camp office and an emergency number will be given to you on the voice mail.

What is the staff to camper ratio?

Our ratios for staff supervision of campers are as follows: Ages 6-9 is 1:6 (staff to camper) and ages 10-16 is 1:8.

Can my child take swimming lessons?

Swimming instruction is not a part of our camp program. Campers will be taught safety procedures for the swimming areas. They will also be orientated on swimming procedures, but will not be given formal lessons as for certification. A "Swim Check" is performed for each camper shortly after arrival at camp to assess their abilities to insure a most safe and enjoyable experience for them.

Still have questions? Feel free to call us at 662-234-2254 or email us at <u>info@camphopewell.com</u> We are committed to making this experience the best one it can be for you and for your camper.

Camper applications are accepted without regard to ethnicity, race, church denomination or religion, on a space available basis in the order they are received with deposit. We will discuss with parents the best way to serve a child with disabilities.

Camp Hopewell Healthy @ Home



Community is a big part of what we do here at Camp Hopewell. We are SO excited to be sharing community with our campers this summer, even if it will be a little different than what we are all used to. In the interest of everyone involved in our camp community this summer, please take a look at these considerations below. It will be imperative that you and your camper understand the importance of keeping everyone healthy here at camp this summer and the role that you play to make it happen. If youhave any questions about these, please let us know. We would be more than happy to discuss them with you.

1. Please stay home and call the camp office if your child (or anyone in your family) is showing any of the following symptoms : cough, shortness of breath, fever, chills, muscle pain, sore throat, new loss of smell or taste, nausea, vomiting, diarrhea.

2. Talk to your camper about the importance of proper handwashing and makesure to practice before coming to camp.

3. Watch the video we have provided as a family before you come to camp!

4. Make sure that you talk with your camper about the fact that camp will look different this summer. Different policies and procedures are being put in place tokeep everyone safe.

5. Discuss social distancing and its importance.

6. Practice using a mask and normalizing the behavior. There may be times when wearing a mask will be necessary at camp.

7. Discuss with your child about talking to a counselor if something doesn't feel right.

8. Contact the camp if your camper or anyone in your family develops the above mentioned symptoms or tests positive for COVID-19 in the fourteen day periodafter your child arrives home from camp.



Camp Hopewell Pre-Camp Health Screen

Dear Camp Families,

In an effort to minimize illness at camp we ask that you check on the health of your camper daily beginning 14days prior to camp. The best camp sessions start with healthy campers and that begins at home. Please be sureto fill out this form and upload it to your account 1 day prior to your arrival at Camp Hopewell. *We will not*

be exchanging any paper on registration day and your child will not be admitted without this form. Please make sure toupload BEFORE your arrival at camp.

Please indicate if your camper has any of the following symptoms prior to camp and record a temperature daily. If any temperature or symptoms are present, please haveyour camper evaluated by a licensed provider and contact camp for further guidance.

Symptoms:		Please Initial		
•	Cough	1. My child has not been around anyone with any of the		
•	Shortness of breath / difficulty breathin	g listed symptoms or diagnosis of COVID19 in the 14 days		
•	Fever	before the start of camp. Initial		
•	Chills	2.No one in our household has been sick in the 14 days		
•	Muscle Pain	prior to camp. Initial		
•	Sore Throat			
•	New loss of taste or smell	3.My child has not traveled by air or traveled out of our		
•	Nausea	geographical region in the 14 days prior to camp. Initial		
•	Vomiting			
•	Diarrhea	4. My child has adhered to our state's guidelines regarding COVID19. Initial		

Start date of	Day	14	13	12	11	10	9	8
temperature / symptom screening :	Temp/ Symp							
	Day	7	6	5	4	3	2	1
	Temp/ Symp							

Our signatures indicate that we completed this health screening daily for 14 days prior to camp and to the best of our ability. We understand that arriving to camp healthy is vital to a healthy camp for all campers. Camp Hopewell is adopting new policies and protocols to create the safest possible envirnment for campers. However, we understand that sending a camper to Hopewell this summer, during the current pandemic, may increase the chance of exposure to COVID 19 for the camper and our family.

Parent Signature:	Date:
Camper Signature:	Date: